C82COU: Introduction to Counselling



[1]

C. S. Austad, Counseling and psychotherapy today: theory, practice, and research. New York: McGraw-Hill Higher Education, 2009.

[2]

G. Corey and California State University, Theory and practice of counseling and psychotherapy, 9th ed., Student ed. Belmont, California: Brooks/Cole, 2013.

[3]

J. McLeod, An introduction to counselling, 4th ed. Maidenhead, Berkshire: McGraw-Hill/Open University Press, 2009.

[4]

E. Berne, Games people play: the psychology of human relationships. London: Penguin Books, 2010.

[5]

J. Holmes, The search for the secure base: attachment theory and psychotherapy. Hove, East Sussex: Routledge, 2001.

[6]

I. McDermott, W. Jago, and ebrary, Inc, Brief NLP therapy, vol. Brief therapies series.

London: Sage Publications, 2001 [Online]. Available: https://ebookcentral.proquest.com/lib/nottingham/detail.action?docID=254686

[7]

J. Sommers-Flanagan and R. Sommers-Flanagan, Counseling and psychotherapy theories in context and practice: skills, strategies, and techniques, 2nd ed. Hoboken, New Jersey: John Wiley, 2012.