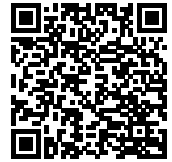


# C82COU: Introduction to Counselling

[View Online](#)

---

[1]

Austad, C.S. 2009. Counseling and psychotherapy today: theory, practice, and research. McGraw-Hill Higher Education.

[2]

Berne, E. 2010. Games people play: the psychology of human relationships. Penguin Books.

[3]

Corey, G. and California State University 2013. Theory and practice of counseling and psychotherapy. Brooks/Cole.

[4]

Holmes, J. 2001. The search for the secure base: attachment theory and psychotherapy. Routledge.

[5]

McDermott, I. et al. 2001. Brief NLP therapy. Sage Publications.

[6]

McLeod, J. 2009. An introduction to counselling. McGraw-Hill/Open University Press.

[7]

Sommers-Flanagan, J. and Sommers-Flanagan, R. 2012. Counseling and psychotherapy theories in context and practice: skills, strategies, and techniques. John Wiley.